



The Lowville-Nelson United Ministries CommuniPac

Nelson—11:00 am Sunday Services Lowville—9:30



October 1, 2009

3rd Edition, Issue 12

Oct/Nov/Dec

From the desk of Rev. Barbara

With fall leaves decorating the earth and another season's harvest being brought into our homes, gratitude often rises in our hearts for the food with which we are blessed, houses that shelter us from the storms and for the people who raise our spirits each day. As the earth gives us all it can to support us, may we also turn our hearts in gratitude to God as our creator, our redeemer and our sustainer.

We are truly blessed with much in this life but with those blessings also comes our responsibility to share with those who have less. May we continue in this year of giving; supporting those most in need in our own community, in the wider community and throughout the world. We know the need is great.

And may we share the same light of Christ that brightens our own hearts and allows us to live in the way Paul described so eloquently when he wrote,

"Be imitators of God... live in love!"

(Ephesians 5:1,2a)

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NEW CHURCH TIMES

Starting September 20th

Lowville at 9:30 Nelson at 11:00

With the arrival of fall, as our children & youth return to their school routine, we also, as a church are returning to our regular worship service times. But once again, our times have changed. Lowville will be taking the early service at 9:30 and Nelson at 11:00.

This rotation was initiated when Rev. Barbara first came during our time of transition minister. The Worship Ministry recommended this rotation to the Joint Council because it afforded Rev. Barbara the opportunity to meet and greet people at both places. However, with our time of transition now behind us, the Worship Ministry is reviewing this decision and asking both Councils to reflect upon it.

I know they would appreciate input from all people; so if you have thoughts on this, be sure to let one of our Council members know. Their names are posted on the bulletin board at each church and their numbers are in our directory.

Certificate of Appreciation Presented To:

Lowville United Church

Thank You for your contribution to the 2009 Burlington Family Winter Carnival

43rd Anniversary

March 26, 2009 from Mayor Cam Jackson and Mike Birse, Chair

Special points of interest:

- ◆ *Lowville worships at Mt. Nemo Nursing Home 1st Sunday of each month at 2pm. Come join us.*
- ◆ *Lowville-Nelson Apple Bake Day. Get involved!*
- ◆ *Lowville & Nelson Card Nights have started again. on 2nd & 4th Fridays.*

Lowville-Nelson Mission & Outreach

Happy New Year - a new beginning

Once again, we all have shown our love for others with our givings.

In early June, two brave men walked in a walk-a-thon for Carpenter Hospice knowing they had a great financial pledging from our congregations. Lowville-Nelson gave over \$1,000.00 to help keep Carpenter Hospice the caring place that it is. Who in our midst has not been touched by their dedicated work.

Later that month, we poured our 10 cents-per-day givings into a huge bowl and again Lowville-Nelson gave over \$1,000.00 to the United Church of Canada Mission & Service fund. So little in our minds and standards of giving to help so many.

Tuesday, September 29th, the brave will gather at Cumis for our annual apple picking. Think about coming out to help - rain or shine. The money raised from the apples goes to church funds and the apple pie and apple crisp sales go to further our work in the church and beyond.

Early December, we will be celebrating White Gift Sunday. Nelson once again will hopefully have a family to give specific gifts, food and money donations to help their Christmas to be as joyous as the ones that we enjoy.

A Mission Minute will continue to keep you up to date with the global work your Mission Dollars are doing. Supporting projects in Canada and all the world.

Nelson 150th Anniversary Celebrations & Service.

Oct 17 and 18th BE A PART OF HISTORY

None of us were here for the beginning of Church at Nelson but we can sure do our predecessors proud by showing how much we appreciated their hard work to get it all started. We have much to be proud of and with God's help will see the Church continue and to grow for the next 150 years. Send your RSVP to Barb McKeown ASAP.

Special preparations are underway for the Church Service on Sunday at 1100. All are welcome.

I close this report wishing you and yours a safe fall & winter season. God Bless all of us.

Shirley Bottaro

Vacation Bible School - A Rainforest Adventure

On August 17th, seventeen young people gathered for a Joint VBS and, as a congregation of Lowville-Nelson United Ministries, our gratitude goes to all those people who made this 2009 Vacation Bible School such a wonderful time. It became a great gift to each child who attended but it was the work of so many volunteers that made it such a joy.

You may not know but it was the Joint Council Chairs (Bev Balch and Shirley Bottaro) who co-ordinated this event and it could never have been done without them. They rallied enough volunteers to ensure each day was packed with Bible stories, music, games, snacks and crafts. We even had volunteers who transformed the Zimmerman Room into our own tropical rainforest complete with a waterfall that we dashed through each morning and a frog who kept vigilant watch over our comings and goings. We're also grateful for the rainforest banner which was sewn just for them. God bless each one of you who helped with the generous giving of your time for the children.

But we also need to thank the children who embellished that banner and made it what it is today! On Rally Sunday they presented as a gift to both Lowville & Nelson and it will be proudly displayed at both churches throughout our year.

Lowville Fundraising Events Delayed for another year

Due to reconstruction in the Lowville United Church, the fundraising events planned for this fall have had to be cancelled or put off for another year.

A new ceramic tile floor and a new set of cupboards are being installed and the kitchen will not be ready in time for some of the events to take place. Events being affected were the succulent **Beef Dinner** that many enjoy and our second attempt at the **Art & Literature** event that drew a lot of interest from **artists, authors, poets, open mike readers, vocalists**, and a large number of spectators who found an enormous amount of delight in the points of interest that were available. These events will be planned for the fall of 2010.

The Cumis Orchards **Apple Picking** will still be taking place on September 29th at 10 am and the **Christmas Craft Sale** will be taking place on Saturday, December 5th, 2009 from 9am until 3 pm. There will be an enormous amount of Christmas Gift ideas, a better-than-ever Silent Auction & a delightful Tea Room.

Lowville-Nelson Joint Confirmation Class

Last May and June saw the formation of a Joint Confirmation Class. Youth from both churches were invited to journey with Rev. Barbara, Shirley Bottaro and Ruth Coverdale in exploring their faith in this United Church of ours.

Members included Helena Turgeon, Charlie White and Joe White from Nelson and Ben Anderchek, Katie Copeland, Sarah Gnocato, Haley Panos, Nicole Panos and Andrea Stevens from Lowville.

It culminated in a celebration on a Saturday night with Glow-in-the-dark bowling and a sleep-over at Lowville United. The following morning, after a church breakfast and quick trip home to freshen up, seven of the nine were confirmed as the newest members of our church in a joint service at Lowville.

This October, the two who couldn't be with us on that weekend, will be confirmed at Nelson.

May God continue to guide them and may we all grow with them in our faith.

Nelson United 150th Anniversary

If you have not as yet purchased your ticket for this dinner, you had better run as fast as you can. This milestone celebration is taking place at **5 pm on Saturday, October 17th, at the Kings Court** on King Road just north of Plains Road. Dinner begins at 6 pm with Maitre 'D' catering at the helm. Following dinner, you will be graciously entertained by the **'Fellowship 4 Quartet'** from St. Catherines.

The Nelson United Church Service on October 18th will be graced by 'special music' and a pleasant and tasty lunch will follow the service. If you did not have the opportunity to attend the dinner, this will be the next best thing. We hope to see you there!

Lowville-Nelson Apple Bake Days

Apple Picking is just around the corner for both Lowville & Nelson Churches on Tuesday morning, September 29th. This also means that the apples need to be turned into mouth-watering desserts of all shapes, sizes and descriptions. Volunteers are required to come together at both Nelson & Lowville to bake pies, apple crisp, apple sauce, tarts, turn-overs, strudels, loaves, or any other desserts making use of apples.

Fewer apples and varieties are being picked this year so that they are used up sooner with less waste. We are picking mainly Mutsu for most of the baking and Macintosh for some baking and eating.

If you feel like baking or just helping out, get together with others with kitchen and baking skills and have an apple while you bake. Call either Nelson or Lowville United Ministries and have your name placed on a baking list. Also contact others who are on the list and arrange to come together for a bake-fest.

Getting apples for baking can be arranged by contacting Owen Calhoun at Lowville or Bev Greer at Nelson. Just call either church and leave your message. Your call will be returned and the apples provided for each church.

If you choose to purchase baked products from the apples, please leave your request at either church with your name and telephone number and your request will hopefully be fulfilled.

May Johnny Apple-seed smile upon you!

Giving Money To The United Church

We Like To Support — things that touch our hearts. It might be little league baseball, Girl Guides, or finding a cure for Lou Gehrig's disease. We'll buy the cookies, prepare the food, or participate in the walk-a-thon. At it's best, our giving is a fine blend of passion, compassion, and gratitude.

Why Give to the Church? The United Church is also supported by people who feel passion, compassion, and gratitude for the gifts they have been given. They believe the church is engaged in bringing God's love to the world. Whether it's feeding schoolchildren breakfast in Canso, Nova Scotia, or advocating for refugee rights, the church is there doing God's work.

By giving to the United Church's Mission and Service Fund, you can participate in the church's local, regional, national, and international work of:

- Supporting the worldwide church in places where people are suffering and vulnerable
- Providing United Church resources, events, and services
- Training new ministers
- Furthering the work of change by reminding governments to care for their poor and protect the environment.

How To Give — You decide how you want to give money to the United Church. You can direct your donation to:

- The local congregation—for care of the building, the programs, and staff salaries

- To the Mission and Service Fund—for the national United Church of Canada's work across Canada and around the globe
- Or some to each.

Usual Ways — You can give in any number of ways. An annual tax receipt is provided if you use numbered envelopes (provided by the church) or pay by cheque, credit card, or pre-authorized deductions. If you don't indicate otherwise, your donation will go to the local church.

You can give to the Mission and Service Fund by secure online donations at www.united-church.ca/howtogive.

You'll Also Find — on the United Church website information about many things the church is doing that will continue to inspire your passion, compassion, and gratitude.

The United Church of Canada Welcomes You

[The above was taken from one of the brochures in the box at the entrance to the Zimmerman Room at the Lowville United Church and also at the front entrance of the Nelson United Church.

This brochure is called 'Money'. There are many more to choose from. Please help yourself to any that you would like to have for your own information, needs or enjoyment.]

Welcoming Our Newest Members

Into Christ's Church And Our Community!

On September 27th, we warmly welcomed our newest members into Christ's Church through baptism!

At Lowville:

Olivia McLean

daughter of Karen and Perry McLean

Logan Segsworth-West

son of Tara Segsworth and Jeff West

At Nelson:

Heather Hall

mother of Amy and Elizabeth

Amy Hall

daughter of Heather and Graham Hall

Elizabeth Hall

daughter of Heather and Graham Hall

May their faith journeys among us continue to shine brightly!

Lowville-Nelson Joint Worship Ministry

Events For Fall And The Advent Christmas Season of 2009

As of September 20th, 2009, starting time for services at Lowville is 9:30 am and starting time for services at Nelson is 11:00 am. This will continue until the summer services which start again on the last Sunday in June, 2010.

- Oct. 4th Worldwide Communion Sunday.
- Oct. 11th Thanksgiving Sunday.
- Oct. 18th **Joint Service:** Nelson's 150th Anniversary Sunday **at 11:00 am** with Lowville invited to attend. Guest Speaker will be Rev. Karen Inkster with a special luncheon to follow.
- Oct. 25th **Joint Service:** Lowville's Anniversary Sunday **at 9:30 am** with Nelson invited to attend. Guest Speaker will be Rev. Dr. Jim Campbell.
- Nov. 1st Communion Sunday.
- Nov. 8th Remembrance Sunday.
- Nov. 15th Regular Sunday
- Nov. 22nd Reign of Christ Sunday - last Sunday in our Christian Calendar.
- Nov. 29th Advent 1 - Communion Sunday - Celebrating the Gift of Hope.
- Dec. 6th Advent 2 - White Gift Sunday - Celebrating the Gift of Peace.
- Dec. 13th **Joint Service** at Lowville **at 11:00 am.** (Please note time change)
Advent 3 - **Christmas Pageant** - Celebrating the Gift of Joy.
- Dec. 15th *"Service of Memory and Hope"* - A Tuesday night service at Lowville at 7.00 pm for those finding this joyful season hard.
- Dec. 20th Advent 4 - Celebrating the Gift of Love.
- Dec. 24th CHRISTMAS EVE with services at both churches at 7:00 pm.
Nelson service led by Rev. Barbara Morrison
- Dec. 27th **Joint Service** at Nelson **at 11:00 am.** A family service of Christmas celebration.

Lowville - Nelson Notes

Food Banks are in urgent need of your help. Gifts of non-perishable food items or cheque donations will help get them through this lean period.

Pop Can Tabs are being collected at both Lowville & Nelson Churches for a worthwhile charity. Look for the large jar with the 'Tabs' label. For further information, contact Norma Copeland at Lowville or Joan Hunt at Nelson.

Save your Campbell Soup Labels. The front of the label & the bar code must remain intact. Deposit them in the CE room of Nelson or the Zimmerman Room of Lowville.

Save used stamps for Leprosy. There is a container in the CE room of Nelson or the Zimmerman Room of Lowville. These stamps are sold to stamp collectors and the funds turned over to the Leprosy organization as an outreach mission.

Mission & Outreach is calling those with a heart for outreach to contact Bev at bbalch@cogeco.ca at Lowville or Bev at bevrygreer@yahoo.ca at Nelson.

Scripture Readers are required each week at Lowville and Nelson, There is a sign-up sheet at Nelson. Those at Lowville, please speak with Linda J.

Refreshments are required each week for fellowship after service on Sunday. Sign-up sheets are available in both churches if you would like to provide your favorite tidbits or creations for the congregation. Bring milk & cream for the coffee and juice for the children or others not wanting hot beverage. Don't forget to prepare and turn on the coffee urn. Training is always available.

Ushers are required each week at the Sunday Service. Contact the Worship Ministry to find out how you can help in this way. Get to greet your friends and neighbors on their way in to service and assist in taking up the collection during the service.

Milk Bags (4L) are being crocheted into sleeping mats to be sent to Africa and volunteers are required for cutting the bags into strips. If you are interested in cutting or crocheting the mats, contact Bev Balch of Lowville United or Bev Greer of Nelson United.

Lowville

United Church Women (UCW)

2009/10 Programme



All women from both churches are welcome. Bring a sandwich to share. Join us at 12 noon, on the 1st Wednesday of each month for an interesting and enjoyable program,

September 2nd

November 4th

2010

January 6th

March 3rd

May 5th

October 7th

December 2nd

February 3rd

April 7th

June 2nd

Nelson Pastoral Care

The ministry has been extremely busy sending cards and attending to visitations and personal communications.

Our line of knowledge comes from the members of the congregation making us aware of any person or persons in need of our support.

Your continued support is deeply appreciated.

Doreen Vivian

Lowville Pastoral Care

Whenever Lowville United Church members hear of another member or neighbor being ill, requiring help or care, please pass the information on to the church so that those in our Pastoral Care Ministry can take the proper steps to let the person know that there is someone there for them in their time of need. Leave a message on the church telephone at 905-335-0911 if there is no answer. The call will be retrieved and forwarded through the proper channels.

'The best place to find God'

Is in the eyes of another.'

Lowville United's Outreach To Mount Nemo

The first Sunday of every month, a group of dedicated volunteers support a Sunday afternoon service at Mount Nemo Nursing Home. Located at 4486 Guelph Line at No. 2 Sideroad, it depends on the generosity of neighbouring churches to provide the music and worship on a weekly basis. Lowville United takes the 2:00 p.m. service on that first Sunday of the month.

Volunteers are always needed to help the residents gather in the community room and to set up the worship space. If you would like to join us in this ministry, please, just come and join us at 1:45 with the service starting at 2:00 and ending at 2:30 pm.

Nelson Trustees Ministry

The summer meeting of the board was cancelled due to no immediate business to attend to. We will meet on November 18th with our financial advisor to review our portfolio positions. We will also discuss an increase in our insurance coverage as recommended by our insurer, and any other concerns that may arise.

Chair, Bill Vivian

Nelson Finance and Stewardship

Both our congregations enjoyed good attendance over the past summer. The financial position at Nelson is quite encouraging even with the normal summer drop in givings.

We have some large expenditures such as insurance that are coming up so we will have to maintain our level of income to meet this.

Your continued support will allow us to finish the year in a good financial position. Our Mission & Service fund this year was \$2356.00.

The Nelson financial update is as follows:

Receipts: \$ 39,924.00

Expenses: \$ 40,348.00

Net Loss \$ 414.00

Respectfully, Bill Vivian, Chair

Judi Riebot, Treasurer

Nelson Food & Necessities

We are going into one of the busiest times of the year for this Ministry.

September 29th: Apple picking at Cumis. If you can help to pick apples, Call Bev Greer at 905-335-8178.

Pie Baking: We haven't set dates yet but we will let everyone know when we need your help.

October 18th: We will be serving lunch after our Anniversary Service so help will be needed for set up, sandwich making, etc.

November 14th Cookie Fare & Bazaar: As you can see, your help is always needed for this event. As you can see, this is a very busy fall. With God's help, it can all be achieved and we may also have some fun!

Please keep these dates in mind.

Thank you, Joan

Lowville Property Ministry

We had a very serious water problem in the kitchen at Lowville United Church. Extensive renovations are under way, scheduled for completion in October.

The projected cost of this project is \$15,000 to \$20,000. Anyone wishing to make a donation to help offset the cost would be deeply appreciated.

To keep our church school rooms drier and healthier, another dehumidifier is needed. Does anyone have one that they are not using?

The Property Committee

Card Nights Together

The Lowville United 'Card Night' began again on Friday, September 11th and there was a turnout of 26 people. The card nights will continue now with Lowville on the 2nd Friday evening of each month and the Nelson United 'Card Night' will be on the 4th Friday evening of each month. Both will begin at 7 pm with the usual shared snack and a \$3.00 gratuity. Nelson will begin on September 25th.

All are welcome to take part in this evening of friendship and conversation.

A Lowville United Church Treasure

We have on our Lowville United Church property, a tree, planted some time ago possibly as a gift or as a memorial for someone. It is situated in line with the other dedicated trees and is the tree closest to Guelph Line near the Juniper shrubs. If anyone knows anything about how this tree got to where it is and for whom it was planted, please advise the author of the newsletter so that the information may be duly recorded.

The tree is a **Ginkgo Biloba** also known as a “Maidenhair Tree”. The leaf resembles the leaf-shape of a Maidenhair fern, hence the plant’s nickname, the Maidenhair tree. The name “Ginkgo” comes from the Japanese word “ginkyo”, or “silver apricot”, which describes the appearance of the fruit while “biloba” refers to the double-lobed, fan-shaped leaves. This tree is a survivor and very tolerant of a variety of growth conditions. The fossil record shows that the species has been existing for over 200 million years. It was only known as a fossil until it was re-discovered in China in 1691.

In the fall, the delicate conical-shaped tree is covered in unblemished, bright golden leaves that begin to fall and form a carpet on the grass. The fan-shaped leaves grow from the branches, each in a different direction, which is also unusual, and flutter in the wind like those on a poplar tree. Spur shoots, looking like large thorns, decorate the older stems and branches.

During the time of the dinosaurs, seed plants were well developed and were the most dominant vegetation on earth, especially the lush seed ferns, conifers and palmlike cycads. These primitive seed plants are not enclosed in a ripened fruit but are protected by cones or by a fleshy seed coat. Most gymnosperm plants of this type along with flowering plants, have both sexes on the same plant but the ginkgo is a dioecious gymnosperm, and the male and female are separate trees and it’s seeds have a fleshy outer layer. The Ginkgo and cycads are the only living seed-producing plants that have motile or free-swimming sperm.

Although the Ginkgo is more like a conifer than a deciduous broadleaf tree, it is neither, it has a unique position. Recent research suggests a much closer relationship to the cycads than to the conifers. You can distinguish a Ginkgo from other palm-like trees by it’s fan shaped and bilobed leaves. All Ginkgo trees have a relatively primitive vascular system. The veins continuously divide into two’s. This vein pattern is unique to the Ginkgo. Since our Ginkgo does not bear the fleshy fruit, we can safely assume that we have the male species of the tree.

Female trees produce seed that emit nauseating, volatile compounds when crushed or rotting, that are difficult to wash off the skin if touched, and may cause a rash in sensitized individuals. These compounds include butyric acid, and the mixture distinctly smells of vomit. Most nurseries sell only grafted male varieties that do not produce fruit, although the female trees do not bear until they have reached 20 years of age. However, you might want to take advantage of the fact that the nuts inside the smelly mess are edible. The interior kernel of the fruit is considered a delicacy by people of Chinese, Japanese, and southeast Asian descent. Contact dermatitis occurs in sensitive individuals when they remove the fleshy pulp from the seeds in the autumn. The crude extract contains a toxin that causes convulsions and death if used in excess.

The Ginkgo also produces peg-like structures along the trunk and branches that can grow into the ground and form roots as well as leafy branches above because of the embedded vegetative buds. These structures seem to be connected to traumatic events, environmental stress and individual properties of a tree. It is seen with old, but also with younger trees. It is thought that these buds, it’s resistance against diseases, it’s adaptability and individual properties of the tree, etc. contribute to the long history of the survival of the Ginkgo. The oldest living Ginkgo Biloba tree is 3500 years old.

The Ginkgo tree is particularly resistant to insect pests and to fungal, viral and bacterial diseases as well as to ozone and sulphur dioxide pollution, fire and even radioactive radiation like the atomic bomb. It never needs spraying. It can tolerate snow and ice storms. Research shows that the Ginkgo has no trouble adapting to greenhouse-effect conditions. The extract of the dried leaves is popular for their use as a diet supplement and herbal medicine for the brain, legs, eyes, heart and ears. Scientific studies show that good extracts may improve blood circulation, memory, prevent blood clotting, damage by free radicals and give an improved sense of well-being. The leaves are also used as tea for a variety of ailments.

We can learn a lot from this Ginkgo Biloba tree and should strive to protect it from any harm!

Information extracted from the Canada Gardens Website

Lowville United Church
 5800 Guelph Line
 RR#2
 Milton, Ontario L9T 2X6
 Phone: 905-335-0911
 Fax: 905-335-4134
 lowville@pathcom.com
 www.lowville-nelson.ca

Nelson United Church
 2347 Dundas Street West
 Burlington, Ontario L7R 3X4
 Phone 905-335-9394
 nelson@nelsonunited.ca
 www.lowville-nelson.ca

Believe in God!
 Because God Believes
 In You!

Give your Communipac to a friend
 or neighbor when you're finished
 with it. It's good recycling!

**The Lowville-Nelson United Ministries
 COMMUNIPAC
 Newsletter**

TO:

**All our knowledge falls within the
 bounds of possible experience!
 Let's respond with grateful living!**

UC Seconds

**Give Pre-Authorized Remittance (PAR)
 because church is one of your priorities!**
Lowville - Bonnie 905-878-6062
Nelson - Bill 905-332-8885

Business Card Advertising

If anyone is interested in having their business card
 placed into the COMMUNIPAC as per the previous
 issues, please contact Bonnie Fay at 905-335-0911.
 The cost is \$10.00 per issue.

(Business Card from last newsletter)

Newsletter Publishing - 2009 - 2010

Article Deadlines	Delivery Dates	Covering:	Topics
Dec. 1st	Sunday, Dec. 14th	January to March	(Annual Meetings to Lent)
Mar. 1st	Sunday, Mar. 15th	April to June	(Holy Week to end of June)
June 1st	Sunday, June 14th	July to September	(Summer Events & Sept. Start-up)
Sept. 1st	Sunday, Sept. 13th	October to December	(Fall season to Christmas)